

IOWA HEART VOLLEYBALL ASSOCIATION, INC.  
12 YEARS & UNDER IOWA HEART JUNIORS VOLLEYBALL TEAMS  
INFORMATION  
2008-09 season

- **CLUB NAME: *IOWA HEART VOLLEYBALL ASSOCIATION, INC.***
- **NATIONAL AFFILIATION: *USA VOLLEYBALL.***
- **REGIONAL AFFILIATION: *IOWA.***
- **AGE DIVISION: *12 YEARS AND UNDER.***
- **AGE ELIGIBILITY FOR 12'S: PLAYERS WHO WERE BORN ON OR AFTER SEPTEMBER 1, 1996& PRIOR.**
- **IHVA BOARD PRESIDENT: SUE CRUM, PHONE: (515) 233-3775, EMAIL: SUECRUM@MCHSI.COM.**
- **COACHES: TWO QUALIFIED COACHES ARE SELECTED FOR EACH *IOWA HEART JUNIORS 12* AND UNDER TEAM. APPLICANTS FOR COACHING POSITIONS ARE INTERVIEWED BY THE *IHVA DIRECTOR OF COACHES, SHANNON ZINNEL*, AND ARE APPROVED BY THE *IHVA* BOARD OF DIRECTORS.**
- **THE 12'S AGE CATEGORY WILL HAVE UP TO THREE TEAMS. EACH TEAM WILL HAVE NO MORE THAN 12 PLAYERS.**
- **PRACTICES: ONE WEEKNIGHT FOR TWO HOURS AND ONE WEEKEND FOR TWO HOURS (SUNDAY AFTERNOON OR EARLY SUNDAY EVENING). WHEN LEAGUE AND TOURNAMENTS BEGIN IN JANUARY, THEN ONE EVENING PRACTICE A WEEK.**
- **PRACTICES START IN NOVEMBER.**
- **PRACTICE GYMS: AMES MIDDLE SCHOOL, AMES HIGH SCHOOL, CRAWFORD ADMINISTRATION BUILDING, UNITED COMMUNITY SCHOOL (BOONE), RANDALL COMMUNITY GYM AND OTHERS TO BE DETERMINED.**
- **OUR 12'S TEAMS PARTICIPATE IN THE *MID-IOWA 12'S VOLLEYBALL LEAGUE* WITH 12'S TEAMS FROM DES MONIES, JOHNSTON, NEVADA, WAUKEE, KNOXVILLE, IOWA FALLS, WEBSTER COUNTY AND FORT DODGE. THE LEAGUE IS ON FIVE CONSECUTIVE SUNDAY AFTERNOONS BEGINNING IN JANUARY AT JOHNSTON, IOWA HIGH SCHOOL.**
- **LAST VOLLEYBALL SEASON'S TOURNAMENTS FOR THE 12'S TEAMS WERE IN: AMES (2 TOURNAMENTS), FORT DODGE, MARSHALLTOWN, CEDAR FALLS, JOHNSTON, IOWA CITY, CEDAR RAPIDS AND DES MOINES (IOWA REGIONAL CHAMPIONSHIPS) AND OTHER IOWA COMMUNITIES.**
- **TOURNAMENTS WILL BE ALL DAY ON SATURDAY OR ALL DAY SUNDAY.**
- **LEAGUE AND TOURNAMENT TRANSPORTATION: PARENTS DRIVE. CAR POOLS ARE ADVISABLE. PARENTS ARE NOT REQUIRED TO ATTEND EVERY LEAGUE DAY AND TOURNAMENT.**
- **ONE POSSIBLE OVERNIGHT – THERE ARE SOME ALL WEEKEND TOURNAMENTS. MILEAGE, FOOD, AND LODGING COSTS ARE NOT INCLUDED IN THE MEMBERSHIP FEE.**
- **ANTICIPATED NUMBER OF LEAGUE DAYS AND TOURNAMENTS FOR THE 2009 SEASON: 7.**
- ***IOWA HEART VOLLEYBALL* DUES FOR THE *IOWA HEART VOLLEYBALL JUNIORS 12'S* = \$325.00.00 FOR *TEAMS 2 AND 3* AND \$500.00 FOR *TEAM 1* (HIGHEST SKILLED TEAM).**
- **SCHOLARSHIPS ARE AVAILABLE. INFORMATION IS AVAILABLE ON OUR WEB SITE.**
- **CLUB WEB SITE: [www.iowaheartvolleyball.com](http://www.iowaheartvolleyball.com)**
- **CLUB EMAIL: [INFO@IOWAHEARTVOLLEYBALL.COM](mailto:INFO@IOWAHEARTVOLLEYBALL.COM)**

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