

IOWA HEART VOLLEYBALL ASSOCIATION, INC.

MISSION AND GOALS

Iowa Heart Volleyball is a youth sport program dedicated to promoting and enhancing sport and fitness of young people.

Mission Statement

The *Iowa Heart Volleyball Association, Inc.* attempts to produce an environment that fosters fun playing volleyball, striving to win, developing feelings of success in individual and team efforts, emphasizing sportsmanship, encouraging friendships, and appreciating interdependent and cooperative skills that facilitate **esprit de corps**.

Iowa Heart Volleyball emphasis is on cooperative teamwork in a healthy competitive atmosphere. The athletes have meaningful and productive roles that go beyond game players. They learn and are responsible for such sport obligations as officiating, line judging, score keeping, coaching, instructing young athletes at clinics, and assisting in making decisions regarding club and program functioning and processes. The program's coaching approach is based on **developmental coaching** in which positive expectations, meaningful and positive roles, and sport and interdependent team skills are the guiding teaching tenets. Athletes, coaches and parents work cooperatively in committees and on tournament travel.

Program Goals:

The *Iowa Heart Volleyball* program's goals are to:

- Provide young people an opportunity to learn individual and team volleyball skills.
- Provide young people an opportunity to improve their volleyball skills.
- Prepare teams for tournament competition.
- Encourage young people to participate in volleyball for competitive, recreational and wellness purposes, as a life long endeavor.
- Assist junior/middle school and high school student athletes in achieving success in their school volleyball programs.
- Aid high school student athletes, who aspire to play collegiate volleyball, in college decision making and in the recruitment process.
- Encourage scholarship, athleticism, and sportsmanship as common individual and team objectives.
- Provide coach development through opportunities for budding coaches to acquire direct coaching experience.